## Appetizess

## Shrimp Cocktail

Chilled, with cocktail sauce and lemon 10
Mozzarella Sticks
Deep fried and served with marinara 5

## Coconut Shrimp

Fried with Thai sauce 7

Fried Green Beans
Served with wasabi ranch 5

## Edamame

Steamed in the pod, lightly tossed with honey ginger soy sauce 5.5

Fried Cheese Curds
Beer battered, white and yellow cheddar 5.5

## Chicken Strips

BBQ, ranch, or honey Dijon sauce 6

## Sliders

Choose between Italian beef, hamburger, cheeseburger or pulled pork 2

## Chicken Wing Dings

Buffalo, plain, or Thai, served with bleu cheese, honey garlic sauce or ranch Small 7 Large 10

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\text { Saups } X \text { Salads }
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| Side House Salad | 3 | Side Caesar Salad | 4 |
| :--- | :--- | :--- | :--- |
| Cup of Soup | 3.5 | Bowl of Soup | 4.5 |

Choice of dressings: Caesar, Ranch, French, Italian, Balsamic Vinaigrette, House, Bacon Ranch, Fat-Free Raspberry Vinaigrette, Honey Dijon, Thousand Island, Bleu Cheese, Bleu Cheese Crumbles add . 50

## lighter fase

## Veggie \& Hummus Plate

Raw veggies, garlic toasted pita, home made hummus 5

## Grilled Salmon Salad

Grilled Atlantic salmon with Kalamata olives, hard cooked egg, tomato, and romaine lettuce and served with a side of balsamic vinaigrette 11

## Steak Salad

NY Strip, mixed greens, bleu cheese, caramelized onions, tomatoes, fried egg and balsamic dressing 13

## Caprese Salad

Sliced tomato, fresh mozzarella, basil, extra virgin olive oil, and balsamic glaze on a bed of mixed greens 8

## Veggie Pita

Grilled seasonal vegetables, spring mix, and Tzatziki sauce served on a pita 6 - add chicken 2 . add hummus 1

## Allatron Burger

A mix of aged angus chuck brisket and short rib served with cheddar cheese, bacon, and fried egg served on a pretzel roll 10

## Black Bean Burger

Black bean burger, avocado, lettuce, tomato and chipotle mayo served on a pretzel roll 6

## Protein Plate

Fresh fruit, cottage cheese, sliced tomato, choice of $50 z$ beef patty, chicken salad, egg salad or tuna salad 7.5 / substitute $80 z$ beef patty or chicken breast 2.5 salmon 3.5 / Albatross burger 6.5

## MNTS Cobb Salad

Baby greens with chopped bacon, bleu cheese, turkey, ham, egg, tomato, olives and avocado with your choice of dressing $8 / 12$

Chop Salad
Romaine lettuce topped with grilled chicken, corn, red onion, tomato, feta cheese, crispy tortilla strips, and balsamic dressing 7/11

## Apple Salad

Romaine lettuce topped with goat cheese, spiced walnuts, tomato, apple and balsamic dressing 9

## Barney Buzzer

Certified Angus Beef 50z 5/80z 7 Turkey Burger 5 Chicken Breast 7
Cheese Choice: American, Swiss, Cheddar, Mozzarella, Provolone, Pepperjack, Bleu Cheese Crumbles
Add: Mushrooms, Bell Peppers, Pepperoncinis, Jalapeños, Red or White Onion - Raw or Grilled, Olives,
BBQ, Lettuce, Tomato, Mayo, (add Bacon, Ham, or Fried Egg 1.00)
Bread Choice: Hamburger Roll, Ciabatta Bun, choose Pretzel Roll . 75

## Sandwiches

## Shaved Prime Rib AuJus

Served with grilled onions and provolone cheese on French bread with au jus 9

## N.Y. Steak Sandwich

$80 z$ N.Y. Strip, lettuce, tomato, and grilled onion on Ciabatta and served with a side of creamy horseradish sauce 10

## Chicken Parmesan Sandwich

Fried chicken breast, marinara, mozzarella cheese, basil, on tomato foccacia 8

## Pork Tenderloin

Fried pork tenderloin, lettuce, tomato, topped with cole slaw on a brioche hamburger bun 9

## Nathan's Hot Dog

100\% beef $40 z$ hot dog, steamed or grilled 3.5
*onions and relish available upon request

## Beer Braised Bratwurst

Served on a soft bun with sauerkraut 5.5

## BBQ Pulled Pork

Dry rubbed and slow cooked and topped with BBQ sauce, fried onion on Ciabatta and served with cole slaw 7

## Reuben

Corned beef or roast turkey breast, sauerkraut, thousand island dressing, Swiss cheese, on marble rye 7

## MNTS Club Sandwich

Turkey, bacon, lettuce, tomato, mayo
Half 5 Full 6.5

Turkey Avocado Melt
Oven roasted turkey, avocado, red onion, provolone, cheddar, tomato and cranberry aioli on Brioche bread 7

## Gyro Pita

Sliced lamb served on a grilled pita with raw white onion and Tzatziki sauce 8

## Chicken Caprese Sandwich

Open faced grilled chicken breast, pesto, fresh mozzarella, basil, tomato and avocado on Ciabatta bread 8

## Sides

| French Fries | 3 | Grilled or Steamed Asparagus | 4 |
| :--- | :--- | :--- | :--- |
| Sweet Potato Fries | 4 | Grilled or Steamed Veggies | 3.5 |
| Waffle Fries | 3 | Cole Slaw | 2 |
| Onion Rings | 4 | Fresh Fruit | 4.5 |
| Augratin Potatoes | 3.5 | Potato Chips | 1 |
| Cottage Cheese | 2 |  |  |

## Wrapa

## Crispy Chicken Wrap

Crispy chicken, iceberg lettuce, tomato, cheddar and ranch 5.5/7

## Chicken Caesar Wrap

Grilled chicken, romaine lettuce, parmesan cheese 5.5/7

## BBQ Bacon Chicken Ranch Wrap

Zesty BBQ , fried or grilled chicken, bacon, shredded cheddar cheese, tomato, and ranch dressing 5.5/7

## Build Your Own Sandwich

Half 4/ Full 6
Choice of lettuce, tomato, or mayo

## Meat Choice:

Turkey, Ham, Bacon, Corned Beef, Tuna Salad, Egg Salad, Chicken
Salad
Cheese Choice:
American, Swiss, Cheddar, Mozzarella, Provolone, Pepperjack
Bread Choice:
White, Wheat, Marble Rye, Ciabatta Bun, French Bread, Wrap, Tomato Focaccia, choose Pretzel Roll . 75

## Quesadilla

Served with peppers, onions, and cheddar cheese on a griddled flour tortilla served with sour cream, and salsa
Cheese 4.5/6.5 Chicken 6.5/8.5 Shrimp 7.5/10.5

## Caprese Flatbread

Tomato, basil pesto, fresh mozzarella and balsamic glaze 6

## Entrees

BBQ Ribs
Dry rubbed and slow cooked with zesty barbeque sauce, choice of side Half Rack 15 Full Rack 22

Teriyaki Salmon
$50 z$ Atlantic Salmon Filet, fingerling potatoes, asparagus 14

## $60 z$ Filet Mignon

Served with garlic bread and choice of side 20

## Bourbon BBQ Pork Chop

$14 o z$ bone-in pork porterhouse, Augratin potatoes, grilled asparagus 17
Pesto Pasta
Linguini, seasonal vegetables, basil pesto, parmesan cheese with garlic bread 14 Add Chicken 2 or Shrimp 3

