

 = Gluten Free

THE MAUH-NAH-TEE-SEE CLUB

Appetizers

Shrimp Cocktail

Chilled, with cocktail sauce and lemon 10

Mozzarella Sticks

Deep fried and served with marinara 5.5

Coconut Shrimp

Fried with Thai sauce 8

Fried Green Beans

Served with wasabi ranch 5.5

Edamame

Steamed in the pod, lightly tossed with honey ginger soy sauce 6

Fried Cheese Curds

Beer battered, white and cheddar 5.5

Fried Pickles

Served with chipotle aioli 6

Sliders

Choose between hamburger, cheeseburger or pulled pork 2.5 Italian beef 3.25

Chicken Wing Dings

Buffalo, plain, or Thai, served with bleu cheese, honey garlic sauce or ranch
Small 7 Large 10

Chicken Strips

BBQ, ranch, or honey Dijon sauce 6.5

Soups & Salads

Side House Salad

3

Cup of Soup

3.5

Cup of Chili

3.75

Side Caesar Salad

4

Bowl of Soup

4.5

Bowl of Chili

5.25

Choice of dressings: Caesar, Ranch, French, Italian, Balsamic Vinaigrette, House, Fat-Free Raspberry Vinaigrette, Honey Dijon, Thousand Island, Bleu Cheese, Bleu Cheese Crumbles add .50

Lighter Fare

Veggie & Hummus Plate

Raw veggies, garlic toasted pita, home made hummus 5.5

Grilled Salmon Salad

Grilled Atlantic salmon with Kalamata olives, hard cooked egg, tomato, and romaine lettuce and served with a side of balsamic vinaigrette 11

Avocado BLT Quinoa Salad

Red quinoa, cherry tomato, bacon, avocado, spinach and ranch dressing 10 add chicken 2.5

Steak Salad

NY Strip, mixed greens, bleu cheese, caramelized onions, tomatoes, fried egg and balsamic dressing 14.5

Veggie Pita

Grilled seasonal vegetables, spring mix, and Tzatziki sauce served on a pita 6 add chicken 2.5 add hummus 1

Caprese Flatbread

Tomato, basil pesto, fresh mozzarella and balsamic glaze 6

Chop Salad

Romaine lettuce topped with grilled chicken, corn, red onion, tomato, feta cheese, crispy tortilla strips, and tossed in balsamic dressing 7/11 substitute salmon add 3.5

Protein Plate

Fresh fruit, cottage cheese, sliced tomato, choice of 5oz beef patty, egg salad or tuna salad 7.5 / substitute 8oz beef patty or chicken breast 3 salmon 3.5 / Albattross burger 7.5

MNTS Cobb Salad

Baby greens with chopped bacon, bleu cheese, turkey, ham, egg, tomato, olives and avocado with your choice of dressing 8/12

Strawberry Spinach Salad

Spinach, roasted pecans, feta cheese, sliced chicken breast, strawberries, tomato and raspberry vinaigrette 8/12

Build Your Own Sandwich

Half 5 / Full 7

Meat Choice:

Turkey, Ham, Bacon, Corned Beef, Tuna Salad, Egg Salad

Cheese Choice:

American, Swiss, Cheddar, Mozzarella, Provolone, Pepperjack

Bread Choice:

White, Wheat, Marble Rye, Ciabatta Bun, French Bread, Wrap, Tomato Focaccia, choose Pretzel Roll .75

Barney Burger

Certified Angus Beef 5oz 5.5 / 8oz 8

6oz Turkey Burger 6.5 / **8oz Chicken Breast** 7.5

Cheese Choice: American, Swiss, Cheddar, Mozzarella, Provolone, Pepperjack, add Bleu Cheese Crumbles .50

Add: Mushrooms, Bell Peppers, Pepperoncinis, Jalapeños, Red or White Onion – Raw or Grilled, Olives, BBQ, Lettuce, Tomato, Mayo, add Bacon, Ham, Avocado, or Fried Egg 1

Bread Choice: Hamburger Roll, Ciabatta Bun, choose Pretzel Roll .75

Albatross Burger

A mix of aged Angus chuck brisket and short rib served with cheddar cheese, bacon, and fried egg served on a pretzel roll 11.5

Black Bean Burger

Black bean burger, avocado, lettuce, tomato and chipotle mayo served on a pretzel roll 7.5

Western Burger

Certified Angus patty topped with cheddar cheese, zesty BBQ sauce, topped with onion rings on a pretzel roll 5oz 7 / 8oz 9

Chicken Burger

6oz chicken burger served with lettuce, tomato, and avocado on Ciabatta 8

Buffalo Chicken Burger

6oz chicken burger served with zesty buffalo sauce, melted blue cheese, lettuce, tomato, and drizzled with ranch 8.5

Nathan's Hot Dog

100% beef 4oz hot dog, steamed or grilled 3.75
Relish and onion available on request

MNTS Club Sandwich

Turkey, bacon, lettuce, tomato, mayo on your choice of bread Half 5.5 Full 7.5

Beer Braised Bratwurst

Served on a soft bun with sauerkraut 5.5

BBQ Pulled Pork

Dry rubbed and slow cooked and topped with BBQ sauce, fried onion on Ciabatta and served with cole slaw 7.5

Reuben

Corned beef or roast turkey breast, sauerkraut, thousand island dressing, Swiss cheese, on marble rye 8.5

Turkey Avocado Melt

Oven roasted turkey, avocado, red onion, provolone, cheddar, tomato and cranberry aioli on Brioche bread 7.5

Chicken Caprese Sandwich

Open faced grilled chicken breast, pesto, fresh mozzarella, basil, tomato and avocado on Ciabatta bread 8

Shaved Prime Rib AuJus

Served with grilled onions and provolone cheese on French bread with au jus 10

Pork Tenderloin

Fried pork tenderloin, lettuce, tomato, and served on a brioche hamburger bun 9

Quesadilla

Served with peppers, onions, and cheddar cheese on a griddled flour tortilla served with sour cream, and salsa
Cheese 4.5/6.5 Chicken 6.5/8.5 Shrimp 7.5/10.5

MNTS Crabby Patty

Fried crab patty, served on a bed of spinach, avocado, chipotle aioli, and served on a brioche bun 11

Gyro Pita

Sliced lamb served on a grilled pita with raw white onion, feta and Tzatziki sauce 8

Crispy Chicken Wrap

Crispy chicken, iceberg lettuce, tomato, cheddar and ranch 5.5/7

Entrees

BBQ Ribs

Dry rubbed and slow cooked with zesty barbeque sauce, choice of side Half Rack 15 Full Rack 23

Parmesan Crusted Salmon

5oz Atlantic salmon, wild rice, and sautéed spinach 14

Blackened Shrimp Pasta

Blackened shrimp, linguini pasta, steamed seasonal vegetables, and creamy red sauce served with garlic bread 17

6oz Filet Mignon

Served with garlic bread and choice of side 20

Bourbon BBQ Pork Chop

14oz bone-in pork porterhouse, AuGratin potatoes, grilled asparagus 17

Pesto Pasta

Linguini, steamed seasonal vegetables, basil pesto, parmesan cheese with garlic bread 14 Add Chicken 2.5 Shrimp 3 Salmon 3.5

Sides

French Fries	3	Grilled or Steamed Asparagus	4
Sweet Potato Fries	4	Grilled or Steamed Veggies	3.5
Waffle Fries	3.5	Cole Slaw	2.25
Onion Rings	4	Fresh Fruit	4.5
AuGratin Potatoes	4	Potato Chips	1.5
Cottage Cheese	2		